

MACC TRAINING

2013 TRAINING

Family Healing Program Orientation Training

January 28 – February 1, 2013, Muncey, Ontario

Sponsored by the Sioux Lookout First Nations Health Authority

Content: To train community facilitators to deliver Family Healing program as a community based program in their home community.

Trained: 2 Shibogama Health Workers

Chiefs of Ontario Health Forum “Our Health, Our Future”

February 26, 27 & 28, 2013

Content: Training included workshops on harm reduction, and community presentations on PDA initiatives.

Health Directors, Community Resource Workers and MACC Project Staff attended this Prescription Drug Abuse (PDA) focussed Forum in Toronto.

Counselling Skills

March 19 – 21, 2013, Sioux Lookout

Trainer: Community Counselling and Addictions Services

Content: Counselling, self-care, grief, suicide, addictions, and withdrawal

Target Group: Shibogama Community Health Workers

Trained: 8

Counselling Women with Addictions

November 28, 2013, Sioux Lookout

Trainer: Shibogama Health Authority

Target Group: First Nations Oversight Group Members (Community Health Workers, Health Directors, Elders)

Trained: 12

2014 TRAINING

Introduction to Case Management

Trainer: Community Counselling and Addictions Services

Target Group: Community Health Workers in Kasabonika (Feb 10 & 11), Wunnumin Lake (March 17 & 18), and Wapekeka (February 12 & 13)

Content: The fundamentals of Case Management including: Examining the relationship between person and environment; Taking a holistic approach to need assessment; Service plan development;

Connecting individuals to their community and expanding their social networks; and Social Service System Navigation.

Trained: Kasabonika 7, Wunnumin Lake 12, and Wapekeka 10

Cross Cultural Care

Trainer: Sioux Lookout Meno Ya Win Health Centre

Content: The course is designed to increase awareness of culturally competent care for all hospital employees. Cultural competence involves recognition and respect for differences among patients in terms of their values, expectations, and experiences with health care, while at the same time recognizing the culture-based practices, dictates of organized medicine, and the values, expectations and experiences of the providers who practice it.

Target Group: Nurses in Wunnumin Lake (March 17 & 18) and Wapekeka (February 12 & 13)

“Supporting Families with Substance Use Issues”

March 26, 2014, Sioux Lookout

Trainers: Centre for Addictions and Mental Health (CAMH), Sunset Women’s Aboriginal Circle (SWAC), Community Health Care Professionals (CHCP)

Content: Understanding Addictions; Patient Journeys: A mother’s experience; Reducing Stigma and Establishing Rapport; Best Practices for Engaging Pregnant Women Who May Use or Have Used Substances During Pregnancy; PDA 101; Strategizing for Early Intervention; Family Intervention; and Supporting Caregivers and Parents.

Target Group: All MACC Service Providers

Trained: 19

“Community Based Withdrawal and Relapse Prevention”

March 26, 2014, Sioux Lookout

Trainers: Shibogama Health Authority Payahtakenemowin Program & Community Wellness Development Team (CWDT)

Content: Community Wellness Development Team (CWDT) Presentation; Overview of Community-Based Withdrawal and Relapse Prevention Programs; Best Practices (to promote prevention and harm reduction) and Resource Sharing; Program Challenges and Brainstorming; Aftercare Planning; How to Deal with Difficult Clients and Family Members; and Brainstorming on Ways to Collaborate and Develop Partnerships to Support Ongoing Programming.

Trained: 7

Self-Care

March 27, 2014, Sioux Lookout

Trainer: Centre for Addictions and Mental Health

Content: To provide participants with the tools to realize and maintain a healthy well-being, personally and professionally.

Target Group: All Service Providers

Trained: 21

Introduction to Case Management

November 2014, Kingfisher Lake

Community Counselling and Addictions Services

Trained: 7

Adapted MYPATH Curriculum

December 16 & 17, 2014, Sioux Lookout

Trainers: Community Counselling & Addictions Services (CCAS)

Content: Introduction to Addictions; Addressing Addiction; Pregnancy, Parenting and Addiction; Mental Health and Addictions; Relationships and Addiction; and Developing a Healthy Lifestyle.

Tours of the Community Counselling and Addictions Services Day Program and Integrated Pregnancy Program were completed.

Target Group: Shibogama Community Health Workers Working With Women Who Use or May Have Used Substances During Pregnancy and Their Families

Trained: 7

Mental Health Skills

December 18, 2014, Sioux Lookout

Delivered by: Mary Ellen Johnson, Shibogama Health Authority Clinical Supervisor

Content: Self-healing, personal accountability and commitment.

Target Group: Shibogama Community Health Workers Working With Women Who Use or May Have Used Substances During Pregnancy and Their Families

Trained: 7

Community Connections Forum

December 18, 2014, Sioux Lookout

Content: Community Health Workers networked with Sioux Lookout and area service providers.

Participants were introduced to service providers in Sioux Lookout who provide services to northern community clients while they are in Sioux Lookout. These introductions further enabled integration as clients will receive a fuller range of services when they are in Sioux Lookout.

Target Group: MACC Sioux Lookout and Shibogama Community Health Workers Working With Women Who Use or May Have Used Substances During Pregnancy and Their Families

Trained: 15