

**MACC Project**  
**Shibogama Health Working Training Evaluation Form**  
**Dec 15- 19, 2014**

Please rate the training content.	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The training met my expectations.	2	5			
I will be able to apply the knowledge learned in my work.	2	5			
The training objectives of each topic were identified and followed.	2	5			
The content was organized and easy to follow.	3	4			
The materials distributed were helpful and useful.	4	3			
The training will benefit my community/organization.	4	3			

**How do you rate the training overall?**

- Excellent
- Good
- Average
- Poor
- Very poor

Six participants selected excellent.

One participant selected good.

**What did you like the most about this training?**

-Everything was very educational and informative.

-I liked and enjoyed the Suboxone Centre we visited.

-It wasn't boring, I enjoyed the talking. There wasn't a lot of "run-on speaking".

-There was a lot of information and resources that were given for us to bring home, and having a chance to visit other organizations.

-My Path curriculum – CCAS.

-I really like this training we had; it was a good size group, friendly and understandable.

-Most of all I did enjoy all the agenda, those I went to.

**What was the most important thing you learned at this training?**

- Self-forgiveness and self-respect, mental and emotional wounds of childhood.
- I can't say which is the most, I think everything we did was important and it gave me motivation.
- Addictions- Introduction good information overall, tours of CCAS day program and Integrated Pregnancy Program.
- Everything was important for me because we didn't have the information in our community for mothers.
- That there are workers who are dedicated to the people they work with. (I don't see a lot of that in my community) Workers seemed reliable and hard working.
- I learned that we should be caring and consistent as we are helping our people. Give them lots of knowledge and information and making sure they understand and remember on the materials given to them.
- Having discussions, and interacting with other peers.

**Are there any skills that you have learned that you can easily transfer to your community as a result of this training?**

- Yes, there is a lot of information that I can or provide to the clients that were presented.
- Yes, and we have the materials to use.
- I learned on how I can talk to the people in my program (mothers, parents,) and giving out resourceful information.
- Putting information into use.
- Relay information of CCAS day program that is been set up.
- I learned a little bit of everything.
- Exercises for your brain, feeling your physical body.

**Do you have any suggestions for future training sessions?**

- Personal healing and Traditional parenting program.
- Bigger conference room.
- A bigger room as it was too crowded.
- The room was too small but there weren't a lot of us anyway.
- No, maybe do some ice breakers to keep us awake.
- More on addiction topics.

**Did you make any important connections and/or receive useful information at the Community Connections Forum held at the Nishinawbe-Gamik Friendship Centre?**

-Yes, very indeed.

-Yes, I enjoyed the sessions we had from the different resource workers who came. The materials we received are useful and informative.

-The information given was very useful. I brought it to work and showed to my coworkers, they really liked it.

-Yes, I enjoyed my visit, I wasn't aware that there were so many programs in Sioux Lookout.

-Got information from other resources that are available in community of SLKT that I didn't know before.

-Yes very, I never knew where to get information, now I know who to call if I ever needed things.

-I enjoyed listening to each staff, very excellent work, each of the workers.

**Any other comments?**

-Thank you for the fruits! 😊

-Thank you for everything, meals, rides and a place to sleep.

-Job well done Rachel & Laura!

-Looking forward to attending another meeting/workshop with MACC project. (Because Rachel and Laura are 2 wonderful ladies!) 😊

-Thank you for the invite! I can certainly use the knowledge received.